ASSESSMENT OF THE ACTIVITY OF ATOVAQUONE-LOADED NANOCAPSULES IN THE TREATMENT OF ACUTE AND CHRONIC MURINE TOXOPLASMOSIS

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Summary:
The aim of this work was to develop a new pharmaceutical form of atovaquone and to study its activity against Toxoplasma gondii in vitro and in vivo. Nanocapsules were chosen as the oral dosage form of administration. An analytical method was developed to determine the drug content in nanocapsules. The stability of these nanocapsules was assessed by following drug content, size, pH and osmolarity for a period of six months. The in vitro activity of atovaquone-loaded nanocapsules against tachyzoites of T. gondii (RH stain) was comparable to its suspension form. In vivo studies were carried out in murine models of acute and chronic toxoplasmosis. Mice acutely infected with the virulent RH strain were orally treated with a dose regimen of 15 mg/kg/d for 10 days, starting from day 1 post-infection. 75 % of the mice receiving atovaquone-loaded nanocapsules survived 30 days post-infection, compared to none of untreated controls and none of mice treated with the suspension with the same dose regimen. In mice chronically infected by the COUL or the ME49 strain (Type II strains), then treated for six weeks, treatment with atovaquone (15 mg/kg/d, nanoparticles or suspension) resulted in a decrease of brain parasitic burden, which was significantly more pronounced in ME49-infected mice and in those treated with drug-loaded nanocapsules. These results show that the sensibility of T. gondii to atovaquone is different according to the strains and that the activity of atovaquone in the treatment of toxoplasmosis is enhanced when administered in nanoparticulate form.

KEY WORDS: atovaquone, Toxoplasma gondii, cerebral toxoplasmosis, nanocapsules, murine models.

INTRODUCTION

Despite the widespread use of specific chemoprophylaxis, toxoplasmosis encephalitis is still a frequent opportunistic infection occurring in patients with AIDS (Katlama, 1996). Indeed, drugs like cotrimoxazole or combinations of dapsone plus pyrimethamine proved efficient in preventing relapses of previously acquired Toxoplasma infection, and the large application of prophylactic recommendations has resulted in marked decrease of the incidence of toxoplasmic encephalitis (Richards et al., 1995; USPHS/IDSA, 1995; Leport et al., 1996; Girard et al., 1996). However, the drugs that are presently recommended for prophylaxis of toxoplasmosis (and pneumocystosis) are not effective against brain cysts, and do not eradicate the parasite from the organism. This limit justifies their life-long administration to patients at risk (i.e. those who are seropositive for T. gondii), but also underlies the need for new compounds that would eradicate cysts in chronically...
infected patients and more particularly drugs that could be given orally.

Atovaquone might be such a candidate drug, as several studies have shown its activity against Toxoplasma cysts, both in vitro and in vivo (Huskinson et al., 1991; Araujo et al., 1992). However, both clinical and experimental data indicate that two main factors could limit its use for primary prophylaxis. First, the bioavailability of atovaquone is low (47% in patients with AIDS, when suspension is taken with fatty food) with an important inter-individual variability (Hugues et al., 1991). Second, experimental studies have demonstrated the variable sensitivity of different strains of Toxoplasma gondii to this drug (Tomavo et al., 1995; Araujo et al., 1991).

Thus, improvement of the bioavailability of atovaquone, through the use of drug-loaded carriers, could represent a valuable solution in increasing intra-cellular and tissue drug concentrations (Kreuter, 1994; Fusai et al., 1997) and thus achieving inhibitory levels effective on less sensitive strains. Because of the physicochemical characteristics of the drug, i.e. poor water solubility, nanocapsules have been chosen as a colloidal drug carrier. Nanocapsules have a higher drug loading capacity than nanospheres and have the advantages over other drug carriers such as liposomes of being physically and chemically more stable during storage (Puisieux et al., 1994). Furthermore, they are stable in the presence of biliary salts (Devisaguet et al., 1992), which is a major requirement for oral administration.

The main objective of this work was to prepare stable drug-loaded nanocapsules and to compare the efficacy of these colloidal drug carriers to the water-based suspension in the treatment of acute and chronic toxoplasmosis.

**MATERIALS AND METHODS**

**Drug preparations**

Atovaquone was obtained from Glaxo-Wellcome (France) under two forms: a powdered form which was used to prepare nanocapsules and for in vitro studies, and a liquid suspension form. The polymer Poly (D, L-lactide) (PLA) of molecular weight 88,000 was purchased from Boeringher Ingelheim (Germany); oleic acid, benzyl benzoate and caprylic/capric acid or Miglyol 812® from Cooper (Melun, France); Labrafac® from Gattefosse (Lyon, France). The surfactant used was Synerponic PE/F68® from ICI (Clamart, France) and a phospholipid mixture, Epikuron 170® was purchased from Lucas Mayer (Hamburg, Germany). All other solvents were of appropriate grade and were obtained from Prolabo (Paris, France) and Aguettant (Lyôn, France).

Prior to the preparation of nanocapsules, solubility studies were conducted at 4 °C and room temperature to determine the maximum solubility of atovaquone in each of the following oils: oleic acid, benzyl benzoate, Miglyol 812®, or Labrafac®. The solubility study has also served to determine storage conditions of drug-loaded nanocapsules.

**Preparation of nanocapsules**

Free and atovaquone-loaded nanocapsules of PLA were prepared using a modification of the process described by Fessi et al. (1989). 125 mg of PLA was dissolved into an organic phase consisting of 25 ml acetone, 100 mg Epikuron 170® and 0.5 ml of a chosen oil (benzyl benzoate, Miglyol 812®, Labrafac® or oleic acid) either free or containing a required quantity of atovaquone. The combined organic phase was injected into 50 ml of water containing 100 mg of Synerponic PE/F68® under moderate magnetic stirring. The acetone and some water were evaporated under reduced pressure. The resulting nanocapsule preparation was filtered on sintered glass with a porosity range of 9-15 micrometers and the final volume adjusted to 10 ml. Sufficient quantities of both free and atovaquone-loaded nanocapsules were prepared for stability and in vivo studies.

Nanocapsules were kept in sealed glass bottles at room temperature and away from light throughout the study.

**Dosage of atovaquone**

Atovaquone was assayed by high-performance liquid chromatography using a modified method of DeAngelis et al. (1994). The system consisted of a LiChospher 100 RP, C18 reverse phase column, fitted with a precolumn. The autosampler, pump and UV detection device were integrated in the Hewlett Packard 1050® system. The mobile phase consisted of acetonitrile/ water/glacial acetic acid (85:15:5 v/v). The volume of sample injected was 10 µl and was eluted at a constant flow rate of 3.0 ml/min. Atovaquone was detected by absorption at 254 nm. An average retention time of 1.7-1.8 minutes was obtained in the linear response range of 12.4-198.0 µg/ml with a correlation coefficient of 0.999.

**Drug content of nanocapsules and stability studies**

Total drug concentration in nanocapsules was determined by dissolving the polymer membrane in mobile phase and dosing for atovaquone. Encapsulated drug was calculated from the difference between total drug and that in the aqueous phase. Aqueous phase drug content was determined in the clear filtrate following separation of nanocapsules from the aqueous medium by a combined ultrafiltration-centrifugation technique (Ultrafree MC® 10,000 Daltons, Millipore, France).
Nanocapsule yield and encapsulation rate were hence calculated and used in stability studies. Nanocapsules with atovaquone concentrations of 1,000 µg/ml were prepared.

Nanocapsule mean size was followed by Nanosizer N4® (Coultronics, Margency, France). Osmolarity and pH measurements were used to follow nanocapsule stability over six months.

PARASITES-STRAINS OF TOXOPLASMA GONDII

The RH strain of T. gondii was used for in vitro studies and in vivo experiments in the model of acute toxoplasmosis. This strain was maintained in Swiss mice by 3-days interval intraperitoneal passage; for each experiment, tachyzoites were harvested from the peritoneal cavity of mice infected two days earlier then centrifuged at 1,500 G. The pellet was resuspended in sterile phosphate buffer solution pH 7.2 (PBS) then parasites were adjusted at a concentration of 10⁵/ml.

Two different strains of T. gondii belonging to the type II (Howe et al., 1995) were used for inducing chronic infections in mice. This type of strain was selected as representative of the majority of strains isolated in HIV infected individuals (Howe et al., 1997), and responsible for chronic toxoplastic infection in mice. The ME 49 strain (kindly provided by Prof. M.L. Dardé, Limoges, France) was used, since previous experiments by Huskinson et al. (1991) showed that treatment of chronically-infected mice with atovaquone could significantly reduce the cyst burden in brain and induce ultrastructural alteration of the cyst structure. The COUL strain (Beauvais et al., 1982), which has been extensively studied in our laboratory, was also selected because it produces chronic infection with mature cysts and stable brain infection (Derouin et al., 1991). These strains were maintained in mice under a chronic form by 6-months interval passages in Swiss Webster mice. For each experiment, cysts were obtained from the brain of mice infected at least six months previously.

IN VITRO EXPERIMENTS

In vitro studies were carried out using MRC5 fibroblast tissue cultures as previously described (Derouin et al., 1989). Briefly, confluent monolayers prepared in 96-well tissue culture plates were inoculated with 1,500 tachyzoites of the RH strain. After four hours, serial dilutions of each drug preparation were added into the medium and cultures were incubated for an additional 72 hours. Toxoplasma growth was assessed by an enzyme-linked immunosorbent assay performed directly on the fixed cultures. For each well, results were expressed as optical density values. Ten concentrations of atovaquone (free drug and nanocapsules), ranging between 0.001 and 1 µg/ml, were tested; each concentration was studied in eight replicate wells and in two replicate culture plates. Regression models were used to summarize the in vitro dose-effect relationship and to determine the 50 % inhibitory concentration (IC₅₀).

IN VIVO EXPERIMENTS

Female Swiss Webster mice weighing 18-20 grams (Iffa Credo, France) were used for optimum reproducibility and breeding facilities. Acute infection by the RH strain were induced by intraperitoneal injection of 2.10⁴ freshly harvested tachyzoites.

Chronic toxoplasmosis were induced by oral infection with ten cysts obtained from the brain of mice that had been infected for at least six months. Forty-five mice were infected with each strain; four months after infection, mice were allocated in the different treatment groups.

TREATMENT PROTOCOLS

Treatment of acute toxoplasmosis

At day 1 (D1) post infection, mice were allocated in four groups: one control group of ten infected untreated mice and three treatment groups of ten mice each: one group was treated with unloaded nanocapsules, one group was treated with 15 mg/kg/day of atovaquone-loaded nanocapsules, and one group was treated with 15 mg/kg/day of atovaquone suspension. Treatments were administered daily by tube feeding for a 10-day period. This dosage and duration of treatment was selected as it was previously found only partially effective in mice treated with the liquid suspension of atovaquone (Araujo et al., 1991; Romand et al., 1993) and thus would be appropriate to reveal a potentially higher efficiency of the treatment with atovaquone-loaded nanocapsules.

Treatment of chronic toxoplasmosis

From the results of treatment of acute toxoplasmosis, the dosage of 15 mg/kg/day was selected for treatment of chronic infection. For each strain of T. gondii, mice infected for four months were allocated in the following treatment groups (10 mice in each group): untreated controls, treatment with 15 mg/kg/day of atovaquone-loaded nanocapsules, and treatment with 15 mg/kg/day of atovaquone suspension. Mice were treated daily by gavage during six weeks, five days a week.

ASSESSMENT OF THERAPEUTIC EFFICACY

Survival of mice was recorded in each treatment group. In acutely infected mice, parasite burdens were deter-
tained at D6 post infection in blood, brain and lung of two mice in each treatment group. In chronically-infected mice, brain cyst count and parasitic burdens were estimated at the beginning and at the end of treatment. At each date, five mice were sacrificed; their brains were removed, weighed, then homogenized in 2 ml of PBS, using an Ultra Turrax T25 homogenizer (Staufen, Germany). The resulting homogenate was examined microscopically for cyst counts and titrated for parasitic burdens. Atovaquone concentrations have not been determined in blood or tissue homogenates. Cysts were counted on four blinded samples of 50 µl of each brain homogenate (treated, untreated), and the total number of cyst was recorded and × 100 to obtain an estimate of the total brain cysts count.

Parasitic titration in brain was estimated according to the culture technique described by Piketty et al. (1990). Briefly, serial fourfold dilutions of the brain suspension were prepared in basal culture medium and 40 µl of each dilution was inoculated in duplicate in 96-well MRC5 fibroblast tissue culture plates. After 96 hours of incubation at 37 °C in a moist 5 % CO₂-air atmosphere, plates were fixed with cold methanol then air-dried. Cultures were examined for T. gondii by means of an indirect immunofluorescence assay, using a polyclonal rabbit anti-antibody as first antibody and a fluorescein-labeled anti-rabbit IgG conjugate as second antibody; plates were examined under a fluorescence microscope and the presence of fluorescent parasites was recorded in each well. For each brain homogenate, the titer was defined as the last dilution at which the tissue culture contained at least one parasite focus. The parasitic burden per gram of tissue was calculated as the reciprocal titer in tissue culture/weight (milligrams) × 1,000.

**STATISTICS**

In mice, the survival rates were estimated by the Kaplan-Meier product limit method and compared using the log-rank test. The mean value for the parasitic burden from five mice (± 1 standard error) was calculated for each time point. Statistical comparison of the parasitic loads were determined according to the Mann-Whitney non-parametric test; p values < 0.05 were considered as significant.

<table>
<thead>
<tr>
<th>Batch</th>
<th>Concentration (mg/ml)</th>
<th>Yield (%)</th>
<th>Encapsulation rate (%)</th>
<th>Average size (nm)</th>
<th>Polydispersity</th>
<th>Osmolarity (mOsm)</th>
<th>pH</th>
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<tbody>
<tr>
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<tr>
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<td>100</td>
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<td>0</td>
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</tr>
<tr>
<td>2</td>
<td>100</td>
<td>81.82</td>
<td>100</td>
<td>170</td>
<td>2</td>
<td>21</td>
<td>3.1</td>
</tr>
</tbody>
</table>

Table I. – Atovaquone loaded nanocapsules: yield, encapsulation rate, average size, polydispersity, osmolarity and pH of the prepared batches.

**RESULTS**

**PREPARATION OF ATOVAQUONE-LOADED NANOCAPSULES**

Stability studies showed that the highest possible payload could be achieved by using benzyl benzoate as the oily core, reaching a concentration of 24.2 mg/ml whereas maximum concentrations in other solvent oils were ≤ 7.5 mg/ml.

With benzyl benzoate, the maximum possible concentration of atovaquone that could be loaded per ml of nanocapsule suspension was estimated to be 1.2 mg. Solubility studies also showed that atovaquone formed needle-shape crystals in the oily phase at 4 °C and storage at this temperature would break the structure of the nanocapsules. From these results, atovaquone nanocapsules were prepared and stored at room temperature until use.

Two batches were prepared at 1 mg/ml (Table I). At this concentration, nanocapsule yields were respectively 84.5 % and 82.9 % and encapsulation rates were 100 % for both batches, showing that atovaquone could be encapsulated into nanocapsules with a reasonable yield. Stability studies were performed on the second batch, which was also used for experimental studies on T. gondii. Size distribution and polydispersity showed that the nanocapsules were stable over a period of six months despite a moderate and constant decline in size, from a mean value of 206 nm at the date of preparation (t₀) to 170 nm at six months. The increase in osmolarity (6 mOsm at t₀ to 21 mOsm at six months) and the decrease in pH (pH 4.23 at t₀ to pH 3.1 at six months) that were observed are in favor of a moderate degradation of the polymer membrane, corresponding to a 10 % biodegradation of PLA into lactic acid.

**IN VITRO EXPERIMENTS ON TOXOPLASMA GONDII**

The in vitro activity of the suspension and the nanocapsule forms of atovaquone on Toxoplasma gondii (RH strain) was estimated in two separate experiments for concentrations ranging between 1 and 10⁻³ mg/l. The results presented on figure 1 for one representative experiment showed that the inhibitory effect on Toxoplasma growth according to the concentration
ATOVAQUONE-LOADED NANOCAPSULES IN THE TREATMENT OF MURINE TOXOPLASMOSIS

Fig. 1. — In vitro inhibitory effect of atovaquone suspension and nanocapsules on *Toxoplasma gondii* growth. Mean optical density values for ELISA versus concentration of atovaquone suspension (○) or nanocapsules (▲). For each concentration the mean optical density values ± standard error were calculated from 8 replicate culture wells. IC₅₀ = 50 % inhibitory concentration.

was roughly similar for both preparations. From the regression curve analysis, the IC₅₀ were estimated at a concentration of 0.04 µg/ml with the suspension and 0.07 µg/ml for atovaquone-loaded nanocapsules.

TREATMENT OF TOXOPLASMOSIS

Acute toxoplasmosis

In this experiment, assessment of treatment efficacy was based on the survival in each group of mice and the determination of parasitic burden in blood, brain and lungs in two mice at D6 post-infection. Untreated mice and mice treated with unloaded nanocapsules died within seven days (Fig. 2); in both groups, mice presented high parasitic burdens with a mean respective value of 4.10 and 5.01 log parasites/ml in blood, 5.75 and 5.33 log parasites/g in the brain and 6.87 and 6.80 log parasites/g in the lungs. When compared to the treatment with the suspension of atovaquone, a delay in time to death was noted, but 100 % died by D12. At D6, parasites were not detectable in the blood, whereas mean parasitic burdens were at 3.82 log parasites/g in the brain and 6.18 log parasites/g in the lungs. In the group of mice treated with atovaquone-loaded nanocapsules, 75 % of mice survived until D30; parasites were undetectable in the blood and in the brains at D6 and were at a low value in the lungs (mean = 1.90 log parasites/g). In the surviving mice at D30, no cyst were found by microscopic examination of serial brains smears.

Chronic toxoplasmosis

Chronically infected mice were followed during 42 days after initiation of treatment. No death was recorded in untreated mice infected by the COUL strain, whereas 30 % of untreated ME-49 infected mice died during the follow-up period.

Assessment of treatment efficacy was based on the determination of brain cysts counts and parasitic burden at the end of treatment (D42). Results obtained for both strains according to the treatment administered are presented in Figure 3a and 3b. Overall, the results

![Figure 2](image1.png)

Fig. 2. — Acute toxoplasmosis. Survival rates for control mice (○) and mice treated with unloaded nanocapsules (▲), atovaquone-loaded nanocapsules (■), or atovaquone suspension (▲), from day 1 to day 10 (15 mg/kg/day).

![Figure 3a](image2.png)

Fig. 3a. — Chronic toxoplasmosis. Brain cyst count versus treatment (control, atovaquone suspension or nanoparticles (15 mg/kg/day) and parasitic strain (COUL or ME49).

![Figure 3b](image3.png)

Fig. 3b. — Chronic toxoplasmosis. Parasitic burdens versus treatment (control, atovaquone suspension, or nanoparticles (15 mg/kg/day) and parasitic strain (COUL or ME49).

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showed a marked efficacy of atovaquone on brain infection, either assessed by brain cyst count or titration of parasitic burdens. However, an important heterogeneity was noted following the type of infecting strain, the drug formulation and the method that was used to quantify parasitic infection in the brain. The quantification of brain cysts showed that all mice were infected but it revealed an important variability in cyst counts among control mice, for both strains of *T. gondii*. In treated mice, a marked reduction of cyst counts was noted in comparison to the controls but it only reached significance in COUL-infected mice treated with nanocapsules ($p = 0.009$).

The determination of parasitic burdens showed a much lower variability among mice. In ME49-infected mice, both suspension and nanoparticle treatments resulted in a significant decrease of parasitic burdens (from 1.2 to 3.9 log parasites/g, $p = 0.009$ and $0.036$ respectively), whereas in COUL-infected mice this decrease was only significant in those treated with nanocapsules (decrease of 1.2 log parasite/g, $p = 0.016$).

As a whole, these results showed that the activity of atovaquone is improved when used in nanoparticulate form. Treatment with nanocapsules reduced significantly the parasitic burden ($p = 0.009$ for both strains), but not the cyst count, when compared to treatment with the suspension.

**DISCUSSION**

These results confirm previous studies showing that atovaquone is an effective drug against *T. gondii* both *in vitro* and *in vivo* (Araujo et al., 1992; Romand *et al.*, 1993). In the present study, we focused on the development of a new formulation of atovaquone in an attempt to obtain higher concentrations of drug in infected tissue, mainly in the brain, and to improve efficacy on the resistant cystic form of the parasite. Our choice was orientated toward nanocapsules which have a higher drug-loading capacity, are stable during storage, and can be given orally. Atovaquone-loaded nanocapsules were prepared after solubilization of the drug in benzyl benzoate. The stability of the nanocapsules, as assessed by following drug content, size, pH and osmolarity, was found satisfactory. Experimental assessment of the activity of atovaquone-loaded nanoparticles was conducted both *in vitro* and *in vivo*, and compared to the suspension form. Both formulations were found highly inhibitory for *T. gondii* *in vitro* with comparable 50 % inhibitory concentrations. In a murine model of acute toxoplasmosis, the treatment with atovaquone-loaded nanocapsules at a low dosage (15 mg/kg/day) was found remarkably efficient, compared to the suspension administered at the same dosage, resulting in the survival of 75 % of the treated mice with a negativation of parasitic burdens in blood and brain and a marked reduction of parasitic burdens in blood and brain and a marked reduction of parasitic burdens in blood.

In chronic toxoplasmosis, treatment with both formulations of atovaquone resulted in a decrease of brain parasitic loads of treated mice compared to untreated controls. We noticed that this decrease was better evidenced by titration of parasitic burden using a tissue culture method rather than microscopic counting of brain cysts. Since the first method better estimates parasite viability, we believe that the cysts that were observed by microscopy may have lost part of their infectivity potential, possibly in relation to some efficacy of the drug on the parasite-containing cysts.

The pharmaceutical formulation proved to have an important incidence, as already observed in the model of acute infection: for the two strains of *T. gondii* used in this study, the decrease of parasitic loads was significantly more important with atovaquone-loaded nanocapsules than with the suspension. Although we could not determine the concentrations of atovaquone in blood and tissues of treated mice, we believe that the better results obtained with atovaquone-loaded nanocapsules are related to increased bioavailability due to the drug solubilization in the oily core of nanocapsules. Finally, we noticed important differences in the result of treatment according to the infecting strain. Atovaquone nanocapsules were found to be more effective against the ME49 strain inducing a 4 log reduction of brain parasitic burden of treated mice, compared to a reduction of 1.5 log in the brain of COUL-infected mice. These results corroborate the observation by Ferguson *et al.* (1994) who showed by electron microscopy that brain cysts of the ME49 strain contain a mixture of non-differentiated parasites, some of them resembling tachyzoites on which atovaquone would be more effective. By contrast, the COUL strain infection is characterized by a chronic phase with absence of brain tachyzoites and remarkable stable bradyzoite parasite burdens (Derouin *et al.*, 1991) resulting in lesser sensitivity to atovaquone.

Such difference in the sensitivity of strain to atovaquone could be of consequences in clinical practice and could partly explain the high variability of interindividual responses noticed in clinical studies (Katlama, 1996). This would also confirm the hypothesis of Tomavo *et al.* (1995) according to whom the sensitivity of the different strains of *T. gondii* to anti-parasitic drugs are mainly correlated to their metabolic characteristics.

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