Purification of a fraction of Giardia lamblia trophozoite extract associated with disaccharidase deficiencies in immune Mongolian gerbils (Meriones unguiculatus)

MOHAMMED S.R.* & FAUBERT G.M.*

**INTRODUCTION**

*Giardia lamblia* is a common cause of diarrhea in day-care centres, institutionalized persons, homosexuals and travellers (Keystone *et al.*, 1978; Brodsky *et al.*, 1974; Schmerin *et al.*, 1978). This flagellated, binucleate parasite adheres to the brush border of the host's enterocytes by means of a ventral sucking disk. Many giardial infections are well tolerated and asymptomatic in human patients. However, when illness is evident, the spectrum of symptoms is wide and ranges from acute, self-limiting gastroenteritis to protracted and debilitating malabsorption (Shandert, 1990).

In giardiasis, it has been established that there can be considerable malfunctioning of the epithelium of the small intestine. For example, fat and vitamin B12 malabsorption has been described in human giardiasis (Hoskins *et al.*, 1967; Wright *et al.*, 1977). Vitamin A deficiency has been found in children infected with *G. lamblia* (Mahalanabis *et al.*, 1979). Also, temporary disaccharidase deficiencies have been well documented in this disease. Buret and co-workers (1990) reported decreases in maltase and sucrase activities in mice, following a primary infection with *G. muris*. It was suggested that these disaccharidase deficiencies were due to a diffuse shortening of brush border microvilli. Studies on *G. lamblia* infections in mice found decreases in several brush border enzymes throughout the course of infection (Nain *et al.*, 1991). The degree of decline in these enzyme activities correlated well with the number of trophozoites in the jejunum, with the most severe reductions in enzyme activity occurring during the peak phase of infection.
Using the gerbil animal model, Belosevic and colleagues (1989) observed decreases in disaccharidase activity during both primary and challenge infections with *G. lamblia*. The involvement of the host's immune response in the deficiencies was suggested by the ability of a crude extract of the trophozoites to induce these impairments of enzyme activity in immune gerbils (Belosevic et al., 1989). Recent work in our laboratory has confirmed these previous findings (manuscript in preparation). We also showed that the effect of the extract on disaccharidase activity is dose-dependent.

However, the component(s) of the *G. lamblia* crude extract involved in the disaccharidase deficiencies, as well as the mechanism(s) leading to such reductions in enzyme activity, are unknown. *G. lamblia* is considered to be antigenically complex, yet little is known about the structures and properties of these antigens (Chaudhuri et al., 1988).

Cevallos and Farthing (1992) reported a strain-dependent reduction in disaccharidase activities in *G. lamblia*-infected rats. The antigenic differences between these strains may have led to the variable effects on the enzyme activities. The present study was undertaken in order to purify the *G. lamblia* crude extract and identify the specific fraction responsible for inducing the disaccharidase deficiencies observed in immune gerbils. In addition, we undertook an initial characterization of this fraction. This work shows that a specific fraction of the *G. lamblia* crude extract can be linked to the disaccharidase deficiencies in immune gerbils. This fraction is heat-stable and affects the enzyme activities with a threshold limit.

**MATERIALS AND METHODS**

**Parasites**

*G. lamblia* trophozoites, WB strain (American Type Culture Collection no. 30957), originally isolated from a symptomatic patient (Smith et al., 1982), were used throughout this study. Trophozoites were cultured axenically in filter-sterilized TYI-S-35 (trypticase, yeast extract, iron, and serum) medium adapted for *G. lamblia* (Gillin and Diamond, 1979), with 10% adult bovine serum (Sigma Chemical Co., St. Louis, U.S.A.), and supplemented with 100 units/ml of penicillin (Sigma) and 100 g/ml of dihydrostreptomycin sulphate salt (Sigma), in the absence of bovine bile. The trophozoites were passaged twice weekly.

**Animals**

Six to 10 week old male Mongolian gerbils (*Meriones unguiculatus*), originating from Tumblebrook Farms (West Brookfield, U.S.A.), were used in this study. They were maintained under standard laboratory conditions and provided with laboratory chow and water *ad libitum*. One week after arrival, gerbils were each treated with 15 mg of metronidazole (Rhône-Poulenc, Montreal, Canada), by oral gavage, for three consecutive days and then allowed to rest for 10 days. This treatment was done to ensure that the gerbils were free of intestinal infections. All inoculations were done orally, to unanaesthetized gerbils. In the primary infection, each gerbil was inoculated with *10^6* live *G. lamblia* trophozoites.

**Preparation of the Crude Extract of *G. lamblia* Trophozoites**

Trophozoites (from a 72-h culture) were dislodged from the walls of culture vessels by immersion in an ice bath for 15-30 min. They were sedimented by centrifugation at 800g for 10 min, at 4 ºC, and washed 5 times in sterile phosphate-buffered saline (PBS) (pH 7.2). Trophozoites, suspended in sterile PBS, were then lysed by discontinuous sonication in an ice bath, using a Sonic Dismembrator (Fisher Scientific, Montreal, Canada) at maximum output, for 10 min. The sonicated material was cleared of insoluble matter by centrifuging at 23,300g for 20 min, at 4 ºC, and the supernatant collected as the crude soluble extract.

**Column Chromatography**

Samples were fractionated by gel filtration chromatography. For this purpose, approximately 80 ml of preswollen Sephacryl S-200 HR gel (Pharmacia LKB Biotechnology, Uppsala, Sweden), wet bead diameter 25-75 μm, were packed into a 1.8 x 50 cm glass column (Bio-Rad, Mississauga, Canada). The void volume of the column was determined by applying Blue Dextran 2000 and the column calibrated with known molecular weight (MW) marker of gel filtration proteins (Pharmacia). For each run, at 4 ºC, 1-2 ml of sample (with 10% glycerol) was applied to the gel bed and a flow rate of 5 ml/h maintained using a peristaltic pump (Pharmacia). Fractions of 2 ml each were collected and an elution profile obtained by measuring the optical density (O.D.) at 280 nm and plotting these values against the fraction numbers. According to the O.D. values, each peak and trailing eluates were pooled separately. These pooled fractions were then dialyzed, using Spectra/Por 6 Membrane (MW Cut-Off : 1000) (Spectrum Medical Industries Inc., Los Angeles, U.S.A.), against distilled water for 24 h, at 4 ºC.

Following dialysis, fractions were lyophilized and resuspended in PBS at a concentration of ~0.3 mg/ml.

The fractions were stored at -70 ºC until used.
SODIUM DODECYL SULFATE-POLYACRYLAMIDE GEL ELECTROPHORESIS (SDS-PAGE)

Samples were electrophoresed in a Mini-PROTEAN II vertical slab cell (Bio-Rad) using the discontinuous system of Laemmli (1970). Protein samples were separated through a 4% stacking gel and 10% separating gel. Bio-Rad molecular weight standards were run simultaneously. The gel was stained with 0.25% Coomassie Brilliant Blue R-250 dye (Bio-Rad).

MEASUREMENT OF INTESTINAL DISACCHARIDASES

Preparation of intestinal homogenate

Homogenates were prepared as previously described by Belosevic and colleagues (1989), with modifications. Briefly, the gerbils were killed and the small intestine removed and divided into three sections. The segments were placed in ice cold distilled water and each was flushed with 50 ml of distilled water to clear it of intestinal debris. The segments were then slit longitudinally and the mucosa scraped off with a glass microscope slide. The mucosa from all three sections were combined, weighed (wet weight), and placed in four volumes of ice cold distilled water. The mucosal scrapings were then homogenized using a Con Torque power unit at maximum speed (Eberbach Corp., Ann Arbor, U.S.A.). Homogenates were stored, without prior centrifugation, at -70 °C undl used in the assay.

Assay for intestinal disaccharidases

Disaccharidase activity of homogenated mucosa was measured using the glucose oxidase peroxidase assay of Dahlqvist (1968), as modified by Belosevic et al. (1989), which is based on a colour reaction with the glucose liberated by a specific disaccharidase in 60 min. The assay consisted of adding to each well of a 96-well Nunc microwell plate (Gibco BRL, Burlington, Canada) 0.01 ml of appropriately diluted mucosal sample (homogenate) and 0.01 ml substrate-buffer solution of a disaccharidase to be measured, in quadruplicate. The plate was then incubated at 37°C in humidified atmosphere for 60 min. After incubation, 0.3 ml tris-glucose oxidase reagent was added to each well and the plate incubated for an additional 60 min. The plate was then read at 415 nm using a Bio-Tek microplate reader (Mandel Scientific, Guelph, Canada). For each assay, eight wells of reagent blank and a glucose standard series (2, 6, and 10 μg glucose) in quadruplicate were also done. Disaccharidase activity is expressed as units/mg protein in the mucosal sample (U/mg), where units represent μmoles of disaccharide hydrolyzed/min.

Reagents

All chemicals were obtained commercially. d-(-)-Glucose (G-8270), 8-lactose (L-3750), maltose (M-5885), d-(-)-trehalose (T-5251), maleic acid (M-0375), glucose oxidase (G-1262), o-dianisidine (D-9143), peroxidase (P-8000), and triton X-100 (T-6878) were purchased from Sigma. Sucrose (S-55-3) was obtained from Fisher Scientific and tris (ultra pure - 819623) was purchased from ICN Biomedicals Canada Ltd. (St. Laurent, Canada).

MEASUREMENT OF PROTEIN CONCENTRATION

Protein concentrations were determined as described by Lowry et al. (1951), using 0.2 ml of sample and a final reaction volume of 1.3 ml. For each protein assay, a standard curve was prepared using freshly dissolved bovine serum albumin (BSA).

STATISTICAL ANALYSIS

Statistical significance was determined using the Mann-Whitney U-test. Significance was assigned at the probability level of P < 0.05.

RESULTS

PURIFICATION OF THE CRUDE EXTRACT OF G. LAMBLIA TROPHOZOITES

The crude soluble extract of G. lamblia trophozoites was subjected to column chromatography using Sephacryl S-200 HR gel filtration in order to fractionate its components. Three light-absorbing (280 nm) peaks were observed, one of which appeared in the void volume, one in the middle as a shoulder of the first peak, and another at the end of total column volume (Fig. 1). Eluted materials were collected to give fractions F1 (> 15 x 10^4 MW), F2 (~ 6.7 x 10^4 MW), and F3 (< 1.4 x 10^4 MW), as indicated in Fig. 1. These were pooled from fractions 16-22, 23-29 and 34-43, respectively.

CHALLENGE WITH THE FRACTIONS OF G. LAMBLIA SOLUBLE EXTRACT

To determine whether any one of the fractions of the soluble extract (described above) could affect disaccharidase activity in gerbils previously exposed to G. lamblia, each animal was challenged with 0.1 mg of F1, F2, or F3. The gerbils were challenged on day 50 post-infection (p.i.), which is well past the elimination of the parasite (around day 30 p.i.), as determined by trophozoite counts from intestinal washings and fecal cyst release. The animals were not treated for the primary infection prior to challenging, since the age-matched control gerbils had also received the
Fig. 1. Chromatograph of the soluble extract of sonicated *G. lamblia* trophozoites. Approximately 1.8 mg of the soluble extract were run through a Sephacryl S-200 HR column at a flow rate of 5 ml/h, using a buffer of 0.15 M PBS, 0.02% sodium azide (pH 7.2). Fractions were collected and pooled to give F1, F2 and F3, as indicated. The column was calibrated with Blue Dextran 2000 (BD; > 200 x 10^4 MW), Aldolase (Ald; 15.8 x 10^4 MW), Bovine Serum Albumin (BSA; 6.7 x 10^4 MW), and Ribonuclease A (RnA; 1.4 x 10^4 MW).

Fig. 2. Disaccharidase activities in gerbils challenged with different fractions of the soluble extract of *G. lamblia* trophozoites. Each gerbil was challenged with 0.1 mg of F1 ( ), F2 ( ) or F3 ( ) 50 days after a primary infection with 1 x 10^6 live trophozoites. Control gerbils (■) were age-matched and received the primary infection, but were not challenged. Results are expressed as mean ± s.e., n = 4 for unchallenged controls and n = 5 for fraction-challenged groups.

* Differences between control and challenged groups were significant, P < 0.05.
primary inoculation. The activities of the enzymes lactase, maltase, sucrase, and trehalase were then measured on days 2 and 4 post-challenge (p.c.), as these were the days on which disaccharidase activity was affected during challenge inoculations with the whole crude extract (manuscript in preparation). As shown in Fig. 2, the activity of sucrase was not affected by any of the three fractions of the extract, as levels on both days 2 and 4 p.c. remained comparable to controls. Although the mean activity on day 2 p.c. in F1-challenged animals (0.078 ± 0.018 U/mg) seemed to be lower than in the control (0.12 ± 0.0063 U/mg), this difference was not significant as determined through statistical analysis. However, the activities of lactase, maltase, and trehalase were reduced by as much as 47% on day 4 p.c. in F1-challenged gerbils. In addition, an F1 challenge also led to a decrease in maltase activity on day 2 p.c. On the other hand, challenging immune gerbils with either fraction F2 or F3 had no effect on any of the disaccharidase activities.

In order to determine whether there was a threshold effect of fraction F1 on enzyme activities, immune gerbils were challenged with 0.075 mg or 0.05 mg total of F1. Disaccharidase activity was then measured on day 4 p.c., since this was the time when the most extensive effects on the enzymes were observed with the 0.1 mg F1 challenge. Sucrase activity remained unaffected by this fraction of the soluble extract, regardless of the dosage (Fig. 3). However, lactase and maltase activities were significantly reduced with an F1 dose of 0.075 mg, compared to unchallenged controls. These decreases in disaccharidase activity were similar to the reduced levels observed in the gerbils challenged with 0.1 mg of F1. There were no reductions in the activities of any of the four enzymes when a dose of 0.05 mg was given to the animals.

In order to determine whether the portion of F1 responsible for inducing the disaccharidase deficiencies is heat-stable, it was boiled at 100 °C for 5 min and used to challenge infected gerbils. Decreases in lactase, maltase, and trehalase activities were detected on day 4 p.c., while sucrase activity did not significantly differ from control levels (data not shown). These findings were similar to those obtained with F1 which was not boiled and indicate that the *G. lamblia* fraction involved in the disaccharidase deficiencies is heat-stable.

**ISOLATION OF F1 SUB-FRACTIONS**

In order to further purify the fraction of the *G. lamblia* extract involved in the disaccharidase deficiencies, fraction F1 was subjected to gel filtration chromatography using a Sephacryl S-200 HR column. The dissociating agent guanidine HCl (Sigma) and the reducing agent DL-dithiothreitol (Sigma) were used as eluent to disrupt non-covalent interactions and break disulfide bonds in fraction F1. Two peaks were observed, one of which eluted with the void volume.
Fig. 4. - Chromatograph of fraction F1. Approximately 2 mg of F1 were applied on a Sephacryl S-200 HR column (1.8 x 50 cm) at a flow rate of 5 ml/h. The eluent consisted of 2 M guanidine-HCl, 2.5 mM dithiothreitol and 0.02% sodium azide, in PBS (pH 7.2). Fractions were collected and pooled to give F1a and F1b, as indicated. The column was calibrated with Blue Dextran 2000 (BD; > 200 x 10^4 MW), Bovine Serum Albumin (BSA; 6.7 x 10^4 MW), and Ribonuclease A (RnA; 1.4 x 10^4 MW).

Fig. 5. - Disaccharidase activities in gerbils challenged with fractions F1a and F1b. Gerbils were each challenged with 0.1 mg of F1a or F1b 50 days following a primary infection with 1 x 10^6 live trophozoites. Control gerbils were age-matched and received a primary infection, but were not challenged. Results are for as mean ± s.e., n = 4 for unchallenged controls (■) and n = 5 for F1a/F1b challenged groups (□). * Differences between control and challenged groups were significant, P < 0.05.
**G. lamblia fractions and disaccharidase deficiencies**

**Fig. 6.** - SDS-PAGE of crude extract of G. lamblia trophozoites and partially purified fractions of the extract. The gel was stained with Coomassie brilliant blue R-250. Molecular weight standards are shown on the left. Lane 1: crude extract; 2 : F1; 3 : F2; 4 : F3; 5 : F1a; 6 : F1b.

(-200 x 10^4 MW) and the other appeared in the high molecular weight (> 6.7 x 10^4 MW) region of the separation (Fig. 4). Fractions 15-19 and 20-25 were collected separately to give pooled fractions F1a and F1b, respectively.

**CHALLENGE WITH FRACTIONS F1A AND F1B**

To determine whether disaccharidase activity could be affected by one of the fractions of F1, immune gerbils were each challenged with a total of 0.1 mg of either F1a or F1b. Enzyme activities were then measured on day 4 p.c. The activities of all four enzymes remained comparable to control levels in F1a-challenged animals (Fig. 5). However, challenging with fraction F1b resulted in significant decreases in the activities of lactase, maltase, and trehalase. These reductions ranged from 39% to 71%. Although sucrase activity seemed to be lowered by an F1b challenge (0.071 ± 0.014 U/mg compared to a control level of 0.1 ± 0.0075 U/mg), this difference was not significant given the sample sizes.

**SDS-PAGE**

In order to determine whether there are proteins unique to the fractions affecting enzyme activity, the protein profiles of the crude extract and of the partially purified extract fractions were compared following SDS-PAGE. Several high and low molecular weight bands were seen (Fig. 6). The crude extract (lane 1) showed approximately 20 discernable protein bands, with molecular weights ranging from 14 to 130 kDa. However, the banding pattern of fraction F1 (lane 2) was in the 25 to 200 kDa range and F2 (lane 3) was in the smaller region of 30 to 55 kDa. Fraction F3 (lane 4) showed only one protein band, of 20 kDa. For both F1a (lane 5) and F1b (lane 6), a number of bands were detected, mainly in the molecular weight region of 32 to 200 kDa. In addition, major bands of 30 kDa and 37 kDa were seen in all samples, with the exception of fraction F3. Both fractions which were implicated in the disaccharidase deficiencies – F1 and F1b – showed several proteins in common with the other fractions.

**DISCUSSION**

*G. lamblia* is the most common intestinal protozoan parasite of humans and the acute to chronic diarrhea which it can cause is often associated with intestinal malabsorption (Farthing, 1992). Even when *Giardia* is not suspected, cases of
malabsorption may be due to latent giardiasis, as the organism can be found in the intestine without appearing in feces (Kamath and Murugasu, 1974). However, it has been found that the disaccharidase deficiencies which contribute to the malabsorption of nutrients in giardiasis can occur in infected animal models even in the absence of the live parasite (Belosevic et al., 1989).

In this study, we examined the contribution of the parasite to host malabsorption of disaccharides in giardiasis. Our chromatographic profile of Giardia proteins is supported by work done by Chaudhuri and colleagues (1988), who obtained a similar three-peak separation of the G. lamblia soluble extract, using Sephacryl S-300 gel filtration. Moreover, these researchers found that maximum antigenic activity was associated with their high molecular weight fraction, which eluted in the void volume and should correspond to fraction F1 in this study. Following separation of the G. lamblia soluble extract through Sephacryl S-200 HR chromatography, we were able to identify F1 as the fraction which causes the disaccharidase deficiencies in immune gerbils. The patterns of lactase, maltase and trehalase reductions on days 2 and 4 p.c. in gerbils challenged with F1 mimic those obtained in previous studies with live- and extract-challenged animals (manuscript in preparation). The inability to detect significant differences between control and test groups when measuring sucrase activity may simply be due to the sample sizes. Using a greater number of animals in control and test groups may allow for any differences to be clearly shown, in a statistically significant manner. In addition, there was a threshold effect of fraction F1 on disaccharidase activity and the constituent of F1 involved in the impairments of enzyme activity was found to be heat-stable.

We were able to separate F1 into two fractions, F1a and F1b, again using a Sephacryl S-200 HR column. The use of an eluent containing the dissociating agent guanidine HCl and the reducing agent dithiothreitol, to disrupt non-covalent interactions and break disulfide bonds in F1, allowed for the further separation of giardial proteins. The ability of fraction F1b to induce similar disaccharidase deficiencies in immune gerbils as when challenging with F1 or the crude trophozoite extract (manuscript in preparation), indicates that we have isolated a fraction containing the parasite-specific factor that leads to disaccharide malabsorption. Both inter- and intra-strain antigenic variation among G. lamblia isolates have been reported (Smith et al., 1982; Aggarwal and Nash, 1988) and they could contribute to the variability of symptoms seen in giardiasis. Perhaps infections with Giardia strains which possess the relevant protein(s) present in F1b lead to disaccharidase deficiencies in the host. Conversely, an infection with a strain which lacks the key portion of fraction F1b would not affect disaccharide absorption. The complexity of the soluble extract of G. lamblia was demonstrated by the SDS-PAGE protein analysis. The present study revealed that approximately 20 protein bands, ranging from 14 to 130 kDa, could be detected. These findings are supported by those of other researchers, who have reported between 20 to 28 protein bands with molecular weights ranging from a low of 10 kDa up to 140 kDa (Moore et al., 1982; Smith et al., 1982; Chaudhuri et al., 1988). We also observed some very faint bands in the region between 130 and 200 kDa (which were concentrated and clearly visible in fraction F1). Such poorly discernable high molecular weight bands in the crude extract have been reported by Smith and colleagues (1982), as well. Given the inability of fraction F2 proteins to affect enzyme activity, it is likely that any protein(s) in F1b responsible for the disaccharidase deficiencies is in the 55 to 200 kDa region.

The role of immune mechanisms in producing malabsorption and intestinal symptoms is unclear. Daniels and Belosevic (1992) found that challenging mice with an extract of G. maurus led to more depressed disaccharidase activity in susceptible animals as compared to resistant mice. These authors suggested that this finding could be due to differences in the immune response to different parasite antigens. So selective immune recognition of the relevant parasite antigen, present in fraction F1b, could ultimately result in enzyme deficiencies. The specific type of immune response to F1b which could cause a decline in disaccharidase activities remains unknown. Based on other studies on intestinal damage, the disaccharidase deficiencies in giardiasis may be linked to a mucosal mast cell response to an F1b antigen. Curtis et al. (1990) demonstrated decreased disaccharidase activity in rats following repeated antigen challenge. These enzyme deficiencies were linked to a mucosal mast cell response, as both mast cell proliferation and degranulation were observed. Since the gerbils used in this study were outbred, it is possible that the variation in enzyme activity observed within a test group could be due to varying degrees of a mast cell immune response. It is important to note that there are possible non-immune mechanisms which could also contribute to disaccharidase deficiencies. For example, Giardia trophozoites are known to possess proteinase activity (Hare et al., 1989). A particular proteinase could be present in fraction F1b which affects the enzyme levels as observed. It is apparent, though, that whatever the constituents of F1b which are involved in the disaccharidase deficiencies, they are able to resist the protease activity present in the gut, through an unknown mechanism.
The present study has clearly implicated fraction F1b of the *G. lamblia* trophozoite extract in the disaccharidase deficiencies observed in immune gerbils. This fraction acts with a threshold limit on enzyme activity. It seems probable that without the relevant component of F1b, *Giardia* strains cannot cause disaccharidase deficiencies in infected hosts. However, further investigation of the mechanism(s) of interaction between F1b and the mucosal epithelial cells, including the specific portion of fraction F1b involved in the intestinal dysfunction, is necessary.

ACKNOWLEDGEMENTS

Research at the Institute of Parasitology is supported by the Natural Sciences and Engineering Research Council of Canada and the Fonds FCAR pour l’aide à la recherche.

REFERENCES


Accepté le 21 décembre 1994